

Skin Diseases

By Steve Meyerowitz, "Sproutman"

Therapeutic Experiment of Young Barley Juice for the Treatment of Skin Diseases in the Main . By Tatsuo Muto, Muto Dermatologic Hospital. New Drugs and Clinical Application. Vol. 26, No. 5. May 10, 1977 . Courtesy of Green Foods Corporation.

Treatment of skin diseases should include not only symptomatic therapy but also systemic therapy. In this long term clinical trial, 38 skin disease patients were selected for their resistance to conventional drugs. They had everything from acne to eczema to atopic dermatitis. A typical dose was 4 grams of green barley grass juice powder dissolved in water three times daily, either in between meals or 30 minutes before them. In addition to observations, blood, urea and liver function were tested. Considerable effects were noted in almost all cases in 1 to 6 months. "What was certain is that the administration promoted blood circulation, appetite, and bowel movement and the patients complexions improved." One 43 year old male with gout and viscous eczema on his back "had pain in his right leg and his uric acid was a high 8.6. After two months, it dropped to 6.5 and his eczema was completely cured." It even had an effect on leukoplakia, white spots in the mouth. "The ratio of effectiveness was 81.6% in all cases." There were no side effects. The author concludes that overall, barley grass powder gives "excellent results cosmetically and in the prevention of aging."

"The strong restorative power of green barley powder which is effective for preventing cancer, has the added advantage of making our skin beautiful. Dry, rough skin is associated with aging." - Yoshihide Hagiwara

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